Dates

Pre-Day of the YoungDGSP:

September 23rd 2026

Scientific Congress:

September 24th and 25th 2026

Clinical Symposium:

September 25th and 26th 2026

Venue

23rd to 25th September:	26th September:
Universität Tübingen	**Universitätsklinikum Tübingen**
Kupferbau	**CRONA, Geb. 400,**
Hölderlinstraße 5	**gr. Hörsaal, Ebene 4**
72074 Tübingen	**Hoppe-Seyler-Straße 3**
	72076 Tübingen

Further information:

https://www.medizin.uni-tuebingen.de/de/science-in-sports-medicine

Congress Organizer: Scientific Board of the DGSP

DGSP
Deutsche Gesellschaft für Sportmedizin und Prävention - Deutscher Sportärztebund

Universitätsklinikum Tübingen
Abteilung Sportmedizin
Hoppe-Seyler-Straße 6
72074 Tübingen
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www.medizin.uni-tuebingen.de

Universitätsklinikum Tübingen
Abteilung Sportmedizin

German Congress of Science in Sports Medicine

Including Pre-Day and Clinical Symposium

September 23rd to 26th 2026
Tübingen

Universitätsklinikum Tübingen

Welcome to Tübingen

It is our pleasure to welcome you to the German Congress of Science in Sports Medicine, which is organized by the Scientific Board of the German Society of Sports Medicine and Prevention (DGSP). This congress marks a new era for German Sports Medicine and Exercise Science. Considering the new format of our congress, the Scientific Board of the DGSP and the program committee are pursuing new ideas with the aim to facilitate the exchange between excellent and established colleagues and young scientists. Held in English to foster international exchange, it highlights openness, excellence, and global collaboration.

Emphasizing the principle that exercise is medicine, it bridges sports science and clinical care—from basic mechanisms to prevention and therapy—across metabolism, cardiovascular medicine, oncology, neurology, sports orthopedics, and athlete are. The **scientific congress** promotes innovation in training and performance, supports emerging scientists, and expresses a shared long-term goal: to build an internationally recognized, and ambitious German research community that contributes at the highest level to scientific knowledge, athletic performance, and public health.

A **Pre-Day** of the YoungDGSP on September 23rd offers a platform for young scientists for further exchange formats such as interest groups and the discussion of study protocols. In addition, we organize a **clinical symposium** on September 25th and 26th, which will address actual topics in clinical sports medicine.

We strongly encourage all scientists in the field of sports medicine to actively support this congress by submitting their own work. The call for abstracts has started in January.

Tübingen is delighted and proud to be hosting a German Sports Medicine Congress once again after almost 20 years. We warmly welcome all participants and are expecting an excellent conference, a vivid exchange of scientific knowledge in a friendly atmosphere.

The scientific board of the DGSP and the program committee

Plenary Sessions & Speakers

Femoroacetabular impingement (FAI) – threat for the hip of elite athletes

- Klaus-Peter Günther; Tübingen, Germany
- Klaus Siebenrock; Bern, Switzerland

Exercise in Ageing Society

- Monika Siegrist, München, Germany
- Henning Wackerhage, München, Germany
- Jürgen Bauer, Heidelberg, Germany

Exercise is Medicine in Neurological Disorders

- Ulrik Dalgas; Aarhus, Denmark
- Jorge Ruas; Michigan, USA

Exercise is Medicine in Oncology – Clinical evidence and mechanistic insights

- Karen Steindorf; Heidelberg, Germany
- Helen Rundqvist; Stockholm, Sweden

AI in Sports Medicine

- Jens Kleesiek, Essen, Germany
- Andreas Groll, Dortmund, Germany
- Solveig Vieluf, München, Germany
- Charlotte Wenzel, Dortmund, Germany

GLP-1-RA in diabetes and obesity – Is exercise out?

- Andreas Birkenfeld, Tübingen, Germany
- Henning Langer, Berlin, Germany

Hot topics in elite sports medicine

- Frank Brocherie, Paris, France
- Claus Reinsberger, Paderborn, Germany

Exercise and training in cardiovascular disease

- Simon Wernhart, München, Germany
- Henner Hanssen, Basel, Switzerland

Current Status (February 2026)

Program committee

Lieselotte Bensen | Anja Carlsohn | Daniel Haigis | Martin Halle
Inga Krauß | Frank Mayer | Tim Meyer | Andreas Nieß | Kai Röcker
Henning Wackerhage | Philipp Zimmer

Local Organisation Team

Klara Lange | Andreas Nieß | Joana Schmidt | Luisa Pieper

congress@dgsp-wissenschaftsrat.de