

2nd Baskin Training Conference in Freiburg

THE EVENT

Date

June 4, 2022 | 8:30 – 18:00

June 5, 2022 | 9:00 – 13:00

online pre-meeting: May 27, 2022 | 21:00 – 23:00

Location

Montessori Zentrum ANGELL
Dieter-Wetterauer-Sporthalle
Hummelstraße 6 | 79100 Freiburg

Catering

Drinks and a small snack

Please bring

Sportswear and indoor sports shoes
with non-marking soles

Costs

none

Register latest by May 25th

www.baskin-freiburg.eu

Contact

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KATHOLISCHE
HOCHSCHULE FREIBURG
CATHOLIC UNIVERSITY
OF APPLIED SCIENCES FREIBURG



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2nd Baskin Training Conference

A theoretical and practical Intensive Seminar
not only for aspiring Baskin coaches



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of the European Union



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REGISTRATION



online pre-meeting:
May 27, 2022 | 21:00 – 23:00

When

June 4 – 5, Sat + Sun
Sat 8:30 – 18:00
Sun 9:00 – 13:00

Register by May 25th
www.baskin-freiburg.eu

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THE GAME



Baskin is an innovative sport with the objective to create an activity for all, that literally everyone can participate in and enjoy to the fullest extent of their abilities. This entirely inclusive sport is inspired by basketball and has modified rules which allow anyone to take part in the game in a meaningful way. In many sports that are considered »inclusive«, it is the participant that needs to adapt to the rules and existing structures, while Baskin is designed in a way that the game adapts to the diversity of the people participating.

Saturday, June 4

Module 1 (morning):

Understanding the game and the spirit of the game

- 09:00 – 11:00 Practical joint session
- 11:00 – 12:20 Theoretical parallel sessions
Systematical presentation of the basics about the game »Baskin« (Roles & Rules)
- 12:20 – 13:00 Theoretical joint session
Exchange of current knowledge (questions of beginners answered by more advanced players)

Module 2 (afternoon):

Understanding the training and the spirit of the training

- 14:00 – 14:45 Practical joint session
- 14:45 – 15:30 Theoretical parallel sessions
Principles of training methodology in Baskin & Introduction to working tools
- 15:30 – 18:00 Practical joint session
Concrete proposals of Baskin training sessions

Sunday, June 5

Module 3 (morning):

Understanding the competition and the spirit of the competition

- 9:00 – 10:15 Theoretical joint session
Roles evaluation & Tactical outlines
- 10:15 – 11:45 Practical joint session
- 11:45 – 13:00 Theoretical joint session

Baskin
June 4 – 5
2022



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