



FIRST CALL

21<sup>st</sup> September 2020

BRIDGING RESEARCH & PRACTICE

# ACTIVE AGING

- new challenges, new opportunities

EGREPA CONFERENCE  
19<sup>th</sup> - 21<sup>st</sup> of May 2021, Krakow/Poland



**The conference** will focus on a wide range of themes related to physical activity and aging, including physical activity for special populations such as cognitively impaired people, life space and mobility, big data in exercise and aging, personalized exercise, new technologies in exercise for older adults.

**The program will include** sessions presenting original research as well as practical workshops.

**ACTIVE AGING** – new challenges, new opportunities will be a hybrid conference with maximum flexibility for speakers and participants.

Co-funded by the  
Erasmus+ Programme  
of the European Union



**Actimentia**



European Group for Research  
into Elderly and Physical Activity



**PLinEU**

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## The city of Krakow

is fantastic location for the Conference. The cradle of history, culture&science placed in the heart of Europe, well connected with most of the European capitals, offering comfortable Conference facilities and unique tourist attractions! In this magic city we can organize unforgettable moments of integration. <https://www.youtube.com/watch?v=PuoWsm2DvYs>

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## The 1<sup>st</sup> Conference Day (May 19<sup>th</sup>)

in collaboration with the EU-funded Erasmus+ project "Actimentia": practitioners (representatives of NGOs, Seniors' Day Care Centers, Medical fitness), volunteers, as well as researchers&students who are interested in practical programs and the use of a special website <https://actimentia.org/>, are invited.

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## The 2<sup>nd</sup> & 3<sup>rd</sup> Conference Day (May 20<sup>th</sup> and 21<sup>st</sup>)

in collaboration with the Universities of Krakow (Academy of Physical Education): researchers, students, and practitioners are invited.

The venue will create an unique opportunity for academic scientists, researchers and practitioners to exchange and share their experiences and research results on all aspects of physical activity and aging.

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### KEYNOTE SPEAKERS:

**Prof. Taina Rantanen, University of Jyväskylä, Finland**  
**Prof. Eling De Bruin, ETH Zurich, Switzerland, and Karolinska Institute, Sweden**

### We are currently open to submissions of Invited Symposia.

Please submit your application to: <https://www.indico.uni-muenster.de/event/162>  
Applications should include:

- A symposium abstract (max. 350 words)
- A list of 3 to 4 speakers (including the symposium chair) and the title of their lecture. If accepted, each speaker will submit a separate abstract (max 250 words).

If accepted to the conference, presenters of the symposium will be offered **free registration**.

**Deadline for submission of abstracts for oral presentations and posters will be 15<sup>th</sup> December 2020.**  
**Details on requirements will be communicated soon.**

**The deadline for submission  
of Invited Symposia  
is 15<sup>th</sup> November 2020.**

### The Conference is organised in cooperation

EGREPA [www.egrepa.org](http://www.egrepa.org), University of Münster & European Advisors' Association PLinEU [www.plineu.org](http://www.plineu.org),  
contact: [akademia@plineu.org](mailto:akademia@plineu.org)

### Scientific Committee:

Prof. Dr. Yael Netz, the Academic College at Wingate, Israel • Prof. Dr. Michael Brach, University of Münster, Germany • Prof. Dr. Heinz Mechling, Emeritus, German Sport University Cologne, Germany • Dr. Timo Hinrichs, University of Basel, Switzerland • PD Dr. Rafał Stemplewski, University School of Physical Education, Poznan, Poland • Dr. Oron Levin, KU Leuven, Belgium • Prof. Dr. Wiebren Zijlstra, German Sport University Cologne, Germany • Prof. Dr. Soledad Ballesteros, Universidad Nacional de Educación a Distancia (UNED), Madrid, Spain.

### Organizing Committee:

**European Advisors' Association PLinEU:** Mrs Sylwia Tałach-Kubas • Mrs Elżbieta Zaděcka-Cieřlik • Mrs Małgorzata Bednarczyk • Ms Anna Grudzień • Ms Dominika Cieřlar • **University of Münster, Germany:** Ms Ellen Bentlage.

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